

Maharashtra University of Health Sciences, Nashik

(Syllabus applicable from batch of students admitted in academic year 2010-2011 and onwards for B.A.M.S.Course)

3.2. KAYACHIKITSA

Theory Three Papers – 90 Marks Each = 270 Marks

Practical/Viva voce = 134 Marks

Internal Assessment Marks = 46 Marks

Total =450 Marks

Total Prescribed Lectures =300

Hospital Training =9 Months

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Paper I

1. Derivation of the terms 'Kaya', 'Chikitsa', and their definitions and synonyms. Definition of 'Kayachikitsa'. Definition of 'Bheshaja'. Types and detailed description of Bhesaja and Chikitsa. Knowledge about Chikitsa Chatushpada.
2. Importance of Kriyakala according to stages of Dosha and their management.
3. Chikitsa sutra and Management of vriddhi (increased) and kshaya (decreased) of Dosha, Dhatu, and Mala. Ojo Vyapat (kshaya, visramsa and vyapat) and its management. Chikitsasutra and Management of Sama-Nirama states. Chikitsasutra and Management of 'Samanyaja and Nanatmaja' diseases. Roga-anutpattikara chikitsa, Roga Prashamana Chikitsa (doshapratyanika, vyadhipratyanika, ubhayapratyanika). Doshopakrama, Chikitsa sutra and Management of Sthannatara doshas

(Ashayapakarsha, Anuloma/Pratiloma gati of doshas, Vimarga gamana of Doshas). Knowledge of Lina dosha & its management. Diagnosis, Chikitsa sutra and Management of Avarana and of dhatu pradoshaja diseases. Importance of Dosha, Dushya , Bala, Kala, Agni, Prakriti, Vaya, Sattva Satmya, Desha, Ahara and stage of diseases in treating diseases.

4. Detailed description of Dvidividhopakrama (Santarpana and Apatarpana) and Shadavidhopakrama (Rookshna, Snehana, Swedana, Sthambhana, Langhana, and Brihmana). Detailed description of Shodhana, Shamana and Nidana Parivarjana. Knowledge of Aushadha matra, sevana kala and Anupana. Definition and Knowledge of Pathya-Apathya with examples of diseases of various systems.

5. Detailed description of Chikitsa Sutra and Management of Jwara and its types.

6. Relevant Ayurvedic management according to Samprapti ghataka of following types of Fevers-Typhoid, Pneumonia, Pleurisy, Influenza, Mumps, Meningitis, Encephalitis, Tetanus, Yellow fever, Plague ,Dengue Fever, Chikun Guniya, Leptospirosis, Viral Fever, Anthrax, Masurika (Small pox), Laghu Masurika (Chicken pox), and Romantika (Measles).

7. Knowledge of National Health programmes, and the relevant Ayurvedic management of the following diseases enlisted by World Health Organisation- Malaria, Filaria, Kala Azar, Leprosy, Tuberculosis, AIDS.

8. Introduction of general principles of maintenance of health

and management of diseases of following systems of
Medicine- Yoga, Naturopathy, Unani , Siddha Homeopathy ,
Acupuncture, Acupressure , Modern medicine,
,Physiotherapy and Rehabilitation.

PAPER II

- 1 Chikitsa sutra and Management of the diseases of Pranavaha Srotas such as - Kasa, Shwasa, Hikka, Rajayakshma, Urakshata, Parshwashoola, Bronchitis, Bronchiectasis, Emphysema and COPDs.
- 2 Chikitsa sutra and Management of the diseases of Udaka vaha Srotas such as- Shotha, Jalodara (Udaroga), Trishna, Acid - Base & Electrolyte Imbalance and related Clinical Condition.
- 3 Chikitsa sutra and Management of the diseases of Annavaha Srotas such as – Agnimandya, Aruchi, Ajirna, Anaha, Atopa, Adhmana, Alasaka, Vilambika, Visuchika, Chhardi, Grahani, Amlapitta, Gulma, Shoola, Bhasmaka and Acid Pepsin disorders.
- 4 Chikitsa sutra and Management of the diseases of Rasavaha Srotas such as - Pandu, Amavata, Madatyaya, Hridroga, Hridashoola, Hypotension, Hypertension.
- 5 Chikitsa sutra and Management of the diseases of Raktavaha Srotas such as - Raktapitta, Kamala,

Kumbhakamala, Halimaka, Daha, Mada, Murchchha,
Sanyasa, Vatarakta, Plihadasha,
Yakriddasha, Hepatitis, Cirrhosis of Liver, Leukaemia, Kushtha
kilasa, Visarpa, Sheetapitta, Udarada, Kotha and medically
manageable Kshudra Rogas

- 6 Chikitsa sutra and Management of Mamsavaha Srotas and
Medovaha Srotas such as-Gandamala , Mamsashosha,
Arbuda, Apachi, Prameha, Sthulooya, karshya, Diabetes
Mellitus and Dyslipidaemias.
- 7 Chikitsa sutra and Management of 'Asthi and Majjavaha
Srotas such as Osteomyelitis (Asthimajja Vidradhi),
Osteoporosis, (Asthisoushrya), Sandhigata Vata (Osteo
Arthritis).
- 8 Chikitsa sutra and Management of diseases of Mutravaha
Srotas such as -Mutrakrichchha, Mutraghata, Ashmari ,
Cystitis, Nephritis, Nephrotic Syndrome, Renal Failure.
- 9 Chikitsa sutra and Management of diseases of Purishavaha
Srotas such as – Atisara, Pravahika, Arsha and Purishaja
Krimi.
- 10 Chikitsa sutra and Management of sexually transmitted
diseases, such as - Phiranga (Syphilis), Puyameha
(Gonorrhoea), Upadamsha (Chancroid).

PAPER III

- 1 Principles of treatment and management of Vata Vyadhis such as - Pakshavadha, Ekangavata, Sarvangavata, Ardita, Avabahuk, Kati Graha, Manyastambha Gridhrasi, Vishwachi, Khalli, Khanja, Pangu, Padaharsha, Padadaha Vatakantaka, Kroshtukashirsha and Types of Udavarta. Parkinsonism (Kampavata), Gatavata (Dhatu gata and Ashayagata), Avarana vata.
- 2 Nidana and Chikitsa of Urusthambha, Guillain Barre syndrome, Muscular Dystrophy, Myasthenia Gravis, Motor Neuron Diseases and Neuralgias
- 3 Diseases of different Endocrine Glands -such as Thyroid, Parathyroid, Pituitary and Adrenal Glands and their Ayurvedic management.
- 4 General introduction and principles of Management of diseases produced by Genetic, Environmental and Iatrogenic factors. Disorders due to drug and Food allergy and their management.
- 5 Treatment of Motion sickness. General introduction, types and Management of diseases caused by Vyadhi Kshamatwa hinata (Immuno deficiency disorders and Auto Immune disorders).

- 6 Derivation of the term 'Manas', its sthan (place), Guna (qualities) and Karma (functions). Introduction and Definition of Kama, Krodha, Lobha, Moha, Mada, Matsarya, Shoka, Bhaya, Vishada, Dainya, Harsha and Prajnaparadha.
- 7 Nidana and Chikitsa of the following disorders - Unmada-
Apsmara-Atattvabhinivesha- Introduction and management of Anxiety disorders, Stress induced disorders, Depression, somatoform and Mood disorders, Psychosexual Disorders. Importance of Daivavyapashraya, Sattwavajaya, Adravyabhuta Chikitsa. Medhya Rasayana in the management of Manasa Roga. Introduction to Bhuta Vidya with special reference to diagnosis and management of disorders in the field.
- 8 Management of Vardhakyajanita vikaras, Indriyapradoshaja vikaras, Vibhandha, Kandu, Alziemers Disease, Sleep disorders, General debility.
- 9 Etiopathogenesis and modern management of following diseases – Anthrax, Chicken pox, Chikungunya, Dengue Fever, Encephalitis, Influenza, Leptospirosis, Measles, Meningitis, Mumps, Plague, Pleurisy, Pneumonia, Small pox, Swineflu, Tetanus, Typhoid, Viral Fever, Yellow fever.
- 10 Nutritional deficiency disorders.
- 11 Description and management of following Emergency Conditions- Acute Haemorrhages , Hypertensive Emergencies, Acute abdominal pain (Renal colic, Billiary colic, Gastritis,Pancreatitis, Peritonitis and Appendicitis),

Acute Abdomen, Anuria/ Oliguria, Congestive Heart Failure ,Myocardial Infarction/Angina, Shock, Syncope, Convulsions , Hyperpyrexia, Hyperglycaemia, Hypoglycaemia, Status Asthmaticus, Acute Respiratory distress Syndrome , Drowning and Electric shock.

- 12 Derivation, definition and synonyms of Rasayana, historical importance of Rasayana and its benefits. Indications of Rasayana therapy. Classification of Rasayana. Kutipravesika and Vatatapika Rasayana. Indications of Vatatapika Rasayana. Knowledge of Kayakalpa, Achara Rasayana. Procedures of Kutipravesika kalpa, Poorvakarma and specific schedules to be followed after Kutipravesha, benefits of kutipravesika Rasayana, duration of application, Rasayana yoga and directions for their use. Determination of dose of Rasayana according to age. Rules and regulation after Rasayana therapy. Indications of Rasayana therapy. Importance of Vitamins in Rasayana therapy. Vitamin deficiency diseases and their treatment.
- 13 Vajikarana - Derivation, definition, synonyms, necessity, benefits, historical importance and indications of Vajikarana. Appreciation of females. Criticism of childless men. Symptoms of good Shūkra (Semen). Vajikarna Dravya and Aushadhi.
- 14 Properties, doses, methods of administration, ingredients and methods of formation of Rasayana & Vajikarana formulation.
- 15 Classification and importance of Vajikarana Dravyas.

❖ **Term wise distribution of Syllabus of Kayachikitsa**

<u>TERM</u>	<u>PAPER-I</u>	<u>PAPER-II</u>	<u>PAPER-III</u>
FIRST	1,2,4	1,2,4	1,2,3
SECOND	3,7	3,8,9,10	4,5,6,7,8,9,10,11
THIRD	5,6,8	5,6,7,	12,13,14,15,

❖ **SCHEME OF PRACTICALS / CLINICAL TRAINING –**

Total Duration 9 Months out of which 04 months should be completed under period of 2nd B.A.M.S. and remaining 5 months under 3rd B.A.M.S.

GUIDELINES FOR PRACTICALS\CLINICAL POSTING.

1. Clinical Posting in Hospital is mandatory for 9 Months as per Schedule mentioned above.
2. For daily routine work – as clinical Posting is mandatory, the student must write 30 Long Cases & 50 Short Cases in Specific format of Prescribed Journal provided by college and prepared as per given format in **Annexure-A & Annexure-B.**
3. For Compilation / Project Report - it carries 15 Marks. Each Student complete 1 departmental compilation or Project work duly signed by Teacher and H. O. D.
4. For Viva Voce – 60 marks are allotted which should be covered all 3 papers.
5. For Patient's examination - 1 Long case and 2 short cases should be allotted to each student at time of examination.

	Hospital Training	-	9 months
1.	General patient training 2 -Months under Second BAMS & 3- Months under Third B.A.M.S.	-	5 months
2.	Department of Manas roga 15 -Days under Second BAMS	-	15 days
3.	Department of Communicable diseases 15 -Days under Second BAMS	-	15 days
4.	Department of X-Ray and Laboratory 1 -Months under Second BAMS	-	1 month
5.	Emergency Services in Kayachikitsa 2- Months under Third B.A.M.S.	-	2 months

❖ **PRACTICAL-EXAMINATION (To be Conducted by University)**

Distribution of Practical Marks

1. Daily routine work	-	<u>15 marks</u>
2. Compilation/Project Report	-	<u>15 marks</u>
3. Viva-voce	-	<u>60 marks</u>
4. Patient examination	-	
1 Long Case-One		24 marks
2 Short Case -Two	-	20 marks
		=====
		134 MARKS

❖ **THEORY EXAMINATION (To be conducted by University)**

There will be Three Papers Paper I , paper II & Paper-III, for each 90 Marks as follows. The examiners are directed to set a question paper in such a way that it shall covers all points of syllabus. On any syllabus group maximum 5 SAQ and maximum 10 MCQ can be included in the question paper by Paper setter.

- a. **SECTION-A. (M.C.Q.)** - 15 MARKS
 - IT CONTAINS **30 M.C.Q.s** – CARRYING ½ (half), MARK EACH.
- b. **SECTION-B. (S.A.Q.)** - 30 MARKS
 - IT CONTAINS **12 S.A.Q.s** – EACH CARRYING 3 MARKS AND ANY 10 SAQs SHOULD BE SOLVED BY STUDENT.
- c. **SECTION-C. (L.A.Q.)** - 45 MARKS
 - IT CONTAINS **4 L.A.Q.s** –EACH CARRYING 15 MARKS AND ANY 3 LAQs SHOULD BE SOLVED BY STUDENT.

❖ **DIVISION OF SYLLABUS POINTS AND WEIGHTAGES OF MARKS TO THEM IN UNIVERSITY QUESTION PAPER**

Paper-I

Sr. No.	Syllabus Point	Allotted Maximum Marks	Question Patterns
1	1,2	20	1- L.A.Q. +1S.A.Q.+4 -M.C.Q. OR 5- S.A.Q. + 10-M.C.Q.
2	3	24	1 L.A.Q. + 2- S.A.Q. +6-M.C.Q.
3	4,6	24	1 L.A.Q. + 2- S.A.Q. +6-M.C.Q.
4	5	23	1 L.A.Q. + 2- S.A.Q. +4-M.C.Q.
5	7,8	20	1- L.A.Q. +1-S.A.Q.+4 -M.C.Q. OR 5- S.A.Q. + 10-M.C.Q.
		111	

Paper-II

Sr. No.	Syllabus Point	Allotted Maximum Marks	Question Patterns
1	1,2	20	1 L.A.Q. + 1- S.A.Q. + 4- M.C.Q. OR 5-S.A.Q.+10-M.C.Q.
2	3,4	20	1 L.A.Q. + 1- S.A.Q. + 4- M.C.Q. OR 5-S.A.Q.+10-M.C.Q.
3	5	15	1 L.A.Q. OR 4-S.A.Q. + 6 M.C.Q.
4	6	16	1 L.A.Q. +2M.C.Q. OR 4-S.A.Q. + 8-M.C.Q.
5	7,8	20	1 L.A.Q. + 1- S.A.Q. + 4- M.C.Q. 5-S.A.Q.+10-M.C.Q.
6	9,10	20	1 L.A.Q. + 1- S.A.Q. + 4- M.C.Q. 5-S.A.Q.+10-M.C.Q.
		111	

Paper-III

Sr. No.	Syllabus Point	Allotted Maximum Marks	Question Patterns
1	1,2	25	1 L.A.Q. + 2- S.A.Q. +8-M.C.Q.
2	3	14	4 –S.A.Q.+ 4 M.C.Q. OR 3-SAQ + 10 MCQ.
3	4,5	14	4 –S.A.Q.+ 4 M.C.Q. OR 3-SAQ +10 MCQ.
4	6,7	20	1 L.A.Q. + 1- S.A.Q. +4-M.C.Q.
5	8,9,10,11	18	1 L.A.Q. + 1 S.A.Q. OR 1 L.A.Q. + 6 –M.C.Q.
6	12,13,14,15	20	1 L.A.Q. + 1- S.A.Q. +4-M.C.Q. OR 1 L.A.Q. + 10-M.C.Q.
		111	

❖ **Reference Books**

1. Bhaishajya Ratnawali
 2. Yogaratanakar
 3. Yogratanakar (English)
 4. Chakradutta
 5. Chakradutta (English)
 6. Chikitsadarsh
 7. Chikitsa Pradeep
 8. Chikitsa Kalika
 9. Kayachikitsa
 10. Kayachikitsa
 11. Kayachikitsa
 12. Kayachikitsa
 13. Kayachikitsa
 14. Rasayogasagar
 15. Sidha Bheshaj Manimala
 16. Sidhyoga
 17. Madhavchikitsa
 18. Siddha Prayoga Latika
 19. Vishikhanupraves vijnana
 20. Kaya chikitsa samanvaya
 21. Siddha Vaidyakam
 22. Tamilo ka Siddha Sampradaya
 23. Sahasrayogam
(Keraliya Ayurveda Chikitsa)
 24. Vaidya Chintamani
 25. Vaidya Jeevan
 26. Chamatkar Chintamani
 27. Pathya-Apathya-Vinirnaya
 28. Ayurvediya Pathyapathya Vijnana
 29. Yog Chandrika
 30. Atyayik Vyadhi Nidana Chikitsa
 31. Atyayik Vyadhi Nidana evam
Pratikara
 32. Ayurvediya Panchkarma Chikitsa
- Kaviraj Ambikadutta Shastri
 - Pt. Brahma Shankar Mishra & Dr. Indradev Tripathi
 - Dr. Nirmal Saxsena
 - Dr. Jagdishwar Prasad Tripathi
 - Acharya Priyavrat Sharma
 - Vd. Rajeshwar Dutta Shastri
 - Vd. Bhaskar Viswasnath Gokhle
 - By Tissatacharya, Hindi and English translation by Acharya Priyavrat Sharma
 - Dr. Ganga Sahay Pandey
 - Acharya Ramraksh Pathak
 - Prof. Banwari Lal Gaur
 - Prof. Shiv Charan Dhyan
 - Vd. Tara Shankar Mishra
 - Vd. Hariprapanna Sharma
 - Ram Krishna Bhatt
 - Vrinda Madhav
 - Madhavkar
 - Vd. Gulraj Sharma Mishra
 - Vd. Gulraj Sharma Mishra
 - Dr. Anant Ram Sharma
 - V.V. Natraj Sharstri
 - Prof. Ram Niwas Sharma
 - Prof. Ram Niwas Sharma & Dr. Surendra Sharma
 - Ballabhacharya
 - Lolimbaraja
 - Lolimbaraja
 - Vishwanath Kaviraj
 - Dr. Badri Prasad Shah
 - Laxman Pandit, Dr. Asha Kumari, Prof. Premvati Tiwari
 - Dr. Bramhadutt Sharma
 - Dr. Anant Ram Sharma, Dr. Krishna Chandra Verma & Dr. Sanjay Sharma
 - Acharya Mukandi Lal Drivedi

33. Ayurvediya Panchkarma Vijana - Dr. Haridas Shridhar Kasture
34. Keraliya Panchakarma - Dr. T.L. Devraj
35. Ayurvedic Remedies for common disease - Dr. T.L. Devraj
36. Panchakarma Chikitsa Vijnana - Dr. R.A. Prasad & Dr. G.K. Gurjar
37. Panchakarma Chikitsa - Prof. Divakar Ojha
38. Holistic Principle of Ayurvedic Medicine - Prof. Ram Harsh Singh
39. Kayachikitsa - Prof. Ram Harsh Singh
40. Madak Dravyajanya roga evam unki chikitsa - Dr. Priya Kumar Chobe
41. Vasava Rajiyam - Vd. Goverdhan Sharma Changani
42. Manas Roga Vijnana - Dr. Balkrishna Amar Ji Pathak
43. Ayurvediya Manas Vijnana - Prof. Ram Harsh Singh
44. Adhunik Manas Rog Vijnana - Dr. Rajendra Prasad Bhatnagar
45. Psychiatry in Brithatrayi - Dr. Kamta Prasad Shukla
46. Psychopathology in Indian Medicine - Dr. Satyapal Gupt
47. Yoga against Spinal pain - Pt. Shiv Sharma
48. Hathayoga Pradeepika -
49. Hikmat Prakash -
50. Prakritika Chikitsa - Sh. Vithal Das Modi
51. Rasayan and Vajikarana - Vd. Mohan Lal Pathak
52. Rasayan and Vajikarana - Vd. Upadhyaya (Jaipur)
53. Science of Longivity by Ayurveda - Prof. Subhash Ranade
54. Adhunik Chikitsa Shastra - Dharmdatta Vaidya
55. Chikitsa Tatva Deepika - Acharya Mahaveer Prasad Pandey
56. Kayachikitsa -Dr.Y.G.joshi.
- 57 Kayachikitsa - Dr.Subhash Ranade
- 58 Charak,Sushrut&Vagbhat(as required for references)

**DEPARTMENT OF KAYACHIKITSA
FORMAT OF- LONG CASE PAPER**

OPD/IPD NO.		Bed No:	
Patient's name:	Age/ Sex:	Date of Examination:	
Religion:	Desha:	Season:	Date of birth:
Education:	Occupation:	Marital status:	
Address:			
Date of admission:		Date of discharge:	
Provisional Diagnosis:			
Final Diagnosis:			

Chief complaints with duration:

History of present illness:

History of past illness:

History of Past & present medicine :

History of blood transfusion :

Family history:

1. Maternal family :
2. Paternal family :
3. Self family

Personal History:

Prashna pariksha

General examination

1. Temperature:
2. Respiratory rate:
3. Blood pressure:

Shadang pariksha

Shirogriva		
Hairs	Nose	Palate
Scalp	Face	Tonsils
Forehead	Lips	Thyroid
Eyes	Teeth	Neck
Ears	Tongue	
Antardi		
Examination of Ura/chest	Inspection Percussion	Palpation Occultation
Examination of Udar/Abdomen:	Inspection Percussion	Palpation Occultation
Examination of Shakha		
Examination of four limb:	Upper extremities-right Lower extremities-right	left left

Shadvidha pariksha: Panchagyanendriya with Prashna Pariksha

Examination of Dnyanendriya	Examination of Karmendriya
Chakshurendriya	Vak
Shravanendriya	Hast
Rasnendriya	Pad
Ghranendriya	Payu
Sparshenedriya	Upastha

Asthavidha pariksha

- | | | | |
|--------------|------------------|------------|-------------|
| 1. Nadi | Gati : | Rate/min.: | Dosha: |
| 2. Mutra | Quantity : | Color: | Frequency: |
| 3. Mala | Quantity: | Color: | Frequency : |
| Consistency: | | | |
| 4. Jivha | Color: | Nature: | |
| 5. Shabda | Nature of voice: | | |
| 6. Sparsha | Nature: | | |
| 7. Drika | Color of eyes: | Nature: | Eye sight: |
| 8. Aakriti | | | |

Dashavidha Pariksha

Examination of strength of patient/Rugna bala		Examination of Strength of disease/Vyadhibala
1. Prakriti- Sharir	Manas :	2. Vikriti Pariksha:
3. Sar:	7. Satva	
4. Samhanan	8. Aaharshakti	
5. Praman	9. Vyayamshakti	
6. Satmya	10. Vaya	
Rugnabala: Pravar/Madhya/Avar		Vyadhibala: Pravar/Madhya/Avar

Examination of Strotas

Srotas	Dusti hetu	Dusti lakshan	Srotas	Dusti hetu	Dusti lakshan
Pranvaha			Majjavaha		
Udakvaha			Shukravaha		
Annavaaha			Aartavavaha		
Rasavasa			Stanyavaha		
Raktavaha			Manovaha		
Mansavaha			Mutravaha		
Medovaha			Purishvaha		
Asthivaha			Swedavaha		

Srotas	Darshan	Sparshan	Prashna
Pranvaha	Nasa, osth, jivha, kantha, kanthashundi, gilayu, ura, sthivan	kanthasthana	Smoking, family, occupational history
Udakvaha	Ostha, danta, jivha, talu, gala, udar,	Udar twacha, percussion, auscultation	Vedna, Aahar matra, Aahar kala, jirna-ajirna lakshana, trishna
Annavaaha	Jivha, talu, kantha, twacha	Twacha, ura, udar, shotha	Udak sevan, trishna, mutra, sweda pramana
Rasavasa	Kasha, roma, twacha, netra, nakha	Nadi, sparsha, percussion & auscultation of heart	Hridrava, vedna, swas
Raktavaha	Netra, karna, jivha, mukha, twacha, nakha, panipadtal, sira, raktsrava	Palpation of spleen, liver, sparsha	Amlaudgar, tikta-lavanashyata
Mansavaha	Aakriti, Aakar, twacha, khamal, gait, muscle power	Tone, measurement, reflexes rigidity, spasticity,	Family history, muscle weakness
Medovaha	Ganda, sphik, stan,	Medsanchiti,	Family history, diet,

	udar, netra, twacha, osthā, danta	palpation of liver, spleen	exercise, operative history
Asthivaha	Kasha, maashru, danta, nakha, asthi, Aakriti,	Aasthi, sandhi, prithavansha	Aasthi, sandhi, prithavansha—Aakar, shabda
Majjavaha	Netra, sandhi, gait, facial movement, speech	Sandhi sparsha, deep tendon reflex, SLR, neck stiffness	Onset, tingling & numbness, test, position sense
Shukravaha	Virshan, medra, mutramarg	Vrishan, epididymis, spermatic cord, prostate	Sexual history, drugs
Aartavavaha	Yoni	Yoni, udar, lymph node	Menstrual, sexual, delivery history, drugs
Stanyavaha	Stana, stanya	Stan	Swelling, menstrual history
Mutravaha	Mutramarga, mutra	Udar Mutra Marg & per rectum	Complaint, family history, diet, medicine, urine
Purishvaha	Guda, mala	Udar, guda, per rectum,	Mala, vegdharan
swedavaha	Twacha, medsanchiti	twacha	Swedan/aswedan, sthana
Manovaha	Facial Expression, General Body Presentation, Cognisance, level of Patient, Emotion, Behavior, Speech	Hrudaya & Sarva Sharir	Complaints, family history, drugs, personal history, personality, mental status

Examination of Ojovikriti

Ojovyapad	Ojovistrance	Ojokshya

Other examination:

Provisional Diagnosis

Investigations

Differential diagnosis

Diagnosis

Nidanpanchak

1. Hetu
2. Purvaroopā
3. Rupa:

4. Upashaya & Anupashay

5. Samprapti

Dosha/kala	Chaya	Prakop	Prasar	Sthansamshray	Vyakti	Bhed
Vata						
Pitta						
Kapha						

6. Samprapti ghatak

Samprapti ghatak	Samprapti ghatak	Samprapti ghatak
Dosha	Srotas	Vikar vighat bhav & vikar vighat abhav
Dushya	Srotodusti	Updrava
Mala	Agni	Udarka
Udhabhav sthana	Vyadhiavastha	Sadhyasadhyata
Vyaktisthana	Vyadhimarga	Arista lakshan

Chikitsa sutra

Shaman chikitsa

Shodhan chikitsa

Pathya

Apathya

Follow –up

Signature of student

Signature of teacher

**DEPARTMENT OF KAYACHIKITSA
FORMAT OF- SHORT CASE PAPER**

OPD/IPD NO.

Bed No:

Patient's name:-----

Age:-----Sex:-----

Address: -----

----- Date of Examination:

Date of admission:

Date of discharge:

=====
Chief complaints with duration:

History of present illness:

History of past illness:

Family history:

Prashna pariksha

General examination

7. Temperature:

2. Respiratory rate:

3. Blood pressure:

Shadang pariksha

Shirogriva		
Hairs	Nose	Palate
Scalp	Face	Tonsils
Forehead	Lips	Thyroid
Eyes	Teeth	Neck

Ears	Tongue	
Antardi		
Examination of Ura/chest	Inspection Percussion	Palpation Occultation
Examination of Udar/Abdomen:	Inspection Percussion	Palpation Occultation
Examination of Shakha		
Examination of four limb:	Upper extremities-right Lower extremities-right	left left

Shadvidha pariksha: Panchagyanendriya with Prashna Pariksha

Examination of Dnyanendriya	Examination of Karmendriya
Chakshurendriya	Vak
Shravanendriya	Hast
Rasnendriya	Pad
Ghranendriya	Payu
Sparshenedriya	Upastha

Asthavidha pariksha

1Nadi	Gati :	Rate/min.:	Dosha:
2Mutra	Quantity :	Color:	Frequency:
3Mala	Quantity:	Color:	Frequency :
	Consistency:		
4.Jivha	Color:	Nature:	
5.Shabda	Nature of voice:		
6.Sparsha	Nature:		
7.Drika	Color of eyes:	Nature:	Eye sight:
8.Aakriti			

Dashavidha Pariksha

Examination of strength of patient/Rugna bala		Examination of Strength of disease/Vyadhibala
1. Prakriti- Sharir	Manas :	2. Vikriti Pariksha:
8. Sar:	7. Sattva	
9. Samhanan	8. Aaharshakti	
5. Praman	9. Vyayamshakti	
6. Satmya	10. Vaya	
Rugnabala: Pravar/Madhya/Avar		Vyadhibala: Pravar/Madhya/Avar

Examination of Srotas

Srotas	Dusti hetu	Dusti lakshan	Srotas	Dusti hetu	Dusti lakshan
Pranvaha			Majjavaha		
Udakvaha			Shukravaha		
Annavaaha			Aartavavaha		
Rasavasa			Stanyavaha		
Raktavaha			Manovaha		
Mansavaha			Mutravaha		
Medovaha			Purishvaha		
Asthivaha			Swedavaha		

Provisional diagnosis

Investigations

Differential diagnosis

Diagnosis

Nidanpanchak

1. Hetu

2. Purvaroopā
3. Rupa:
4. Upashaya & Anupashay
5. Samprapti
6. Samprapti ghatak

Samprapti ghatak	Samprapti ghatak	Samprapti ghatak
Dosha	Srotas	Vikar vighat bhav & vikar vighat abhav
Dushya	Srotodusti	Updrava
Mala	Agni	Udarka
Udhabhav sthana	Vyadhiavastha	Sadhyasadyata
Vyaktisthana	Vyadhimarga	Arista lakshan

Chikitsa sutra :

Shaman chikitsa:

Shodhan chikitsa:

Pathya :

Apathya :

TEACHERS SIGNATURE

STUDENTS SIGNATURE

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